

Sign up for an onsite wellness screening



Dean Health Plan wellness professionals will be onsite to offer quick, convenient and confidential wellness screenings. At your wellness screening, you'll get real-time measurements of your blood pressure, height, weight, waist circumference, and body mass index (BMI). If any risk areas are identified, a finger-stick will be done for cholesterol and glucose. Your individual health information is protected by federal law and will not be shared with your employer.

Sign-up for an appointment:

Registration is currently live



Scan the QR code to sign up or [click here](#).

Access Code: Dodge

When preparing for your appointment:

- Please bring your insurance card to your appointment.
- Fasting is not necessary for your screening.
- If you are pregnant or nursing, some of the measurements will not be completed (waist circumference, weight, no finger-stick).

At your wellness screening, the Dean Health Plan team will:

- Review your results with you. The screener may recommend contacting your Primary Care Provider if you do not see them regularly.
- Assist with establishing a primary care provider if you do not have one.
- 1:1 help with system navigation.
- Review your EPIC medical record for any needed preventive health screenings (e.g., colonoscopy, mammogram, immunizations).
- Connect you with additional resources and/or assist with arranging follow-up care, if needed.

Screening dates & times:

Appointments are 20 minutes in length and are held:

Thurs., April 17	10:00 – 4:30	Wed., July 16	8:00 – 2:30
Wed., May 21	8:00 – 2:30	Thurs., August 21	10:00 – 4:30
Thurs., June 12	10:00 – 4:30	Wed., September 17	8:00 – 2:30

Keep going! Once you have your health screening measurements, enter them into the online health assessment in your Living Healthy portal.